SLOW DOWN.

One of my biggest frustrations of the past few years is how overwork, overwhelm, and overthinking tempts me to wish my time away. I can't count the number of times I've responded to stress by telling myself, "only a few more days until the weekend." Or, "I hope Tuesday flies by so that I can get some rest on Wednesday." These thoughts come to me swiftly, like a natural instinct. And, whenever I realize that I'm doing it, it strikes me how sad that compulsion is.

When we know how precious life is, when we see just how quickly it can be taken from us, when so many communities around us are threatened with harm and violence... how can we be so cavalier as to wish that our time pass more quickly?

As autumn arrives, I invite you to join me in resisting the impulse to move quickly through discomfort, stress, and anxiety and instead learn to respond and adapt in ways that create more life, not simply dismiss the parts we don’t like. How can we discover ways to slow down so that we can: identify new ways to take care of ourselves; pay attention to unexpected lessons we might learn in unanticipated circumstances; and, practice gratitude for every moment we are given?

This challenge is a difficult one—but certainly worthwhile. It’s something I’ve thought about for a long time but still struggle with. Maybe we can find solidarity in our community, and motivation in a collective effort. I hope you’ll turn to your friends and mentors in DCC to help you pursue a change in your perspective; let’s tackle this together.

— Dr. Lu

A NOTE ON MASKING IN DCC

As many of you have surely heard, there continues be a significant number of COVID-positive cases on campus, despite the university’s failure to publicly report them. Moreover, many among us are interacting more closely with others than we have in recent years, which means we're barreling into a fall season that will surely test our immune systems’ strength against other viruses and illnesses, too. We ask that you keep masking in all DCC spaces in an effort to protect our community with all the resources we have at our disposal.

We recognize that we are fatigued, that masks can be uncomfortable, and that we sorely wish for our world to be safer. We ask that you prioritize reality, science, and compassion above what we might all want, to help us pursue what our community truly needs. Thank you for playing your part.
It's that time of year! While we're only one full month in our academic year, most of you have set your sights on what's next. All Nu class students must register for one section of HDCC106 in Spring 2023, while all Mu class students must enroll in HDCC209.

As you begin to confirm your registration appointments and schedules for Spring 2023, please be reminded that DCC is a small program when compared to your home majors and departments. We have only a limited number of courses each semester and do not enjoy the luxury of being able to offer multiple sections of each. Therefore, it is imperative that you (1) begin building your schedules by choosing your DCC course first; and (2) devise multiple potential schedules in case you do not get a seat in your preferred class.

That being said, the official DCC schedule of classes for next spring has not yet been finalized. We expect to have all details—including course titles, times, description, and instructors—in place and updated on Testudo by the end of this week, on Friday, October 7. Please do not register for any DCC courses prior to that date.

If there are any updates or changes to this process, you will be notified immediately via email, so please continue to check your UMD email account during this hectic registration season.

**NOTABLES**

**TECHNICA HACKATHON**

Registration for Technica 2022, the world’s largest hackathon for underrepresented genders, is open now at gotechnica.org/register! This year, Technica will be held October 15-16, 2022, in The Hotel at UMD. All female, non-binary, trans, and other individuals who identify as an underrepresented gender are invited!

Come to network with 20 corporate sponsors (including Cisco, Bank of America, Jane Street, and more!), learn via workshops and tech talks, get inspired by keynote speakers, have fun at mini-events, earn prizes by working on a project, and get swag! Technica is a celebration of all underrepresented folks in STEM and is completely free to attend!

No experience with coding is required. Learn more at gotechnica.org!

**PRIVATE SOUND STUDIO HOURS!**

We're excited by the number of folks making use of DCC's makerspaces, and we're eager to keep supporting you as they evolve to meet your needs and interests. We've recently heard that some students are interested in reserving private recording time in the DCC Sound Studio. With the support and supervision of Student Manager Liam G., we are thrilled to announce that we are officially announcing the availability of private studio time! Beginning Tuesday, October 11, the final hour (9-10pm ET) of our normal Tuesday sessions will now be available for private sessions.

To reserve a 30-minute spot, visit the DCC Appointment Calendar via https://ter.ps/bookdcc.

We hope you enjoy this new offering! And thank you for letting us know what you need.
On **October 13**, **Isha V.** (Lambda) will return to DCC from **7-9pm** and will be using the Cricut cutting machine to make vinyl keychains in the DCC Makerspace! “In my session, I’ll be helping you all learn how to use the Cricut Machine to customize acrylic keychains using vinyl! Join me if you want to learn how to transfer your favorite song and its Spotify code into a keychain to attach to your keys or your backpack! Or, take it to the next level and learn how to make your own design for a keychain.” We hope you’ll take this opportunity to meet Isha, use the Cricut, and enjoy the DCC Makerspace (which will remain open until midnight for your enjoyment).

**MAKERJAM MONDAY**
**PUMPKIN PAINTING NIGHT!**

Join us for a very special MakerJam Monday on **October 17**. A selection of pumpkins and gourds in various sizes will be made available on a **first-come, first-served basis**, with a **limit of one per student**. Materials for painting your pumpkins and gourds will be provided!

**CAPSTONE AWARDS**

It’s a DCC tradition! Each fall, we celebrate the departing class and their Capstone accomplishments! This year, we will gather on **Tuesday, October 18, from 6-7:30pm** in the Prince Frederick Hall Multipurpose Room (PFR #1105). We are proud to showcase live music by **Janna Chang** (Nu) and recognize six Capstone projects by members of the DCC Lambda class: **Sam Collins, Elyas Masrour, Corinne Martin, Madison Mohan, Emily Sheridan, and Eileen Wang**.

Please join us we honor them and hear them speak about their work. This is a limited-capacity event and **RSVPs are requested**.

To reserve a spot, visit [https://ter.ps/capstone22](https://ter.ps/capstone22).

**RESLIFE-SPONSORED**
**PAINT + SIP NIGHT**

After the Capstone Awards on October 18, head upstairs to the **3rd Floor Lounge** for a ResLife-sponsored **Paint + Sip** event hosted by your Prince Frederick Hall Resident Assistants (RAs). The event will be held starting at **8pm**.

Please pre-register by visiting [https://ter.ps/PFR3PS](https://ter.ps/PFR3PS).
On October 27, Christina Y. (Kappa) will be creating digital art in the DCC Makerspace and invites you to join and learn! “This TeachMe Thursday is all about making art and getting it out into the world. I’ll be live-drawing in Photoshop and talking about my experiences as an artist on social media (raging at the algorithm included). This is the place for digital art tips and advice about getting your art seen online. Artists of all walks are cordially invited to chill and create! A very limited number of iPads will be available, but please bring your own tablets/devices if possible.” Come by between 7-9pm to find inspiration and community, and feel free to stick around until midnight while the Makerspace stays open!

**STUCO-SPONSORED**

**Costume Party + Contest**

Your DCC StuCo is organizing a costume party + contest to mark the end of October! On Saturday, October 29, come show off your best costume looks in the Prince Frederick Hall Multipurpose Room (#1105) from 6-7pm. Then, send a photo of your look to dccstudentcouncil@gmail.com, jlu04@umd.edu, and skyedsf@umd.edu by Monday, October 31, at 11:59pm to enter the contest!

Voting will take place online between Wednesday, November 2 (9:00am) and Thursday, November 3 (11:59pm). The winner — the recipient of a DCC trophy, 50 Family points, and bragging rights — will be announced Friday morning, November 4!

**STUCO-SPONSORED**

**Reverse Trick-or-Treating**

In what has quickly become another annual DCC tradition, StuCo will be a reverse trick-or-treating event! What does that mean? StuCo members will be knocking on your doors to deliver candy and treats! DCC’s Prince Frederick Hall residents* should plan on being in their rooms around 9:00pm on the evening of Sunday, October 30, to receive their goodies! A trivia contest will be part of this year’s reverse trick-or-treating event, so 50 Family points are in play!

*Note: Commuter students and non-PFR residents can expect to receive their goodies in their HDCC105 or HDCC208 classes during the week of October 31.
Within just a month, Family 10 crossed both the 500-point and 1000-point thresholds to receive 25- and 50-point bonuses. Congratulations to Lindsay G., Jasmine H., Jedi K., Daria H., Georgia H., Emma R., Dhruv S., Michelle A., Alana S., Brian W., Nandini R., Joshua R., and Ali C.!

And, we’d like to wish a very special congratulations to Georgia H., who has firmly grasped the individual lead with a whopping 410 points of her own!

Remember: May is a long ways away! Keep it up, DCC!

Current Standings: Family 10 (1070 points), Family 4 (855 points), Family 3 (470 points), Family 6 (435 points), Family 1 (400 points), Family 2 and Family 9 (380 points each), Family 7 (345 points), Family 5 (330 points), Family 8 (305 points).